



Calgary and Area RCSD Youth Transitions to Adulthood Project

ENVIRONMENTAL SCAN - DRAFT

C.E. ADAIR

Purpose of Calgary and Area RCSD

The purpose of Regional Collaborative Service Delivery (RCSD) is to enable the collaboration between Health (including Alberta Health Services), Children’s Services, Community and Social Services, Education, First Nations and community organizations to address identified needs, coordinate and leverage systems, build system capacity, and plan for sustainability in meeting the needs of children, youth, and their families.

Youth Transitions to Adulthood Project

In late 2016, the Calgary and Area RCSD Executive Team began to engage in discussions about the role of Calgary and Area RCSD in supporting inclusive communities. Transition points (developmental transitions, transitions into and out of services, transitions between systems, etc.) were seen as key areas of opportunity for championing inclusive environments through the development or alignment of supportive cross-sector structures and processes.

Subsequently, the RCSD Transitions Working Group acknowledged that there is considerable work going on in the *youth to adult services* area, but less in the *youth to adulthood* arena. Thinking about youth transitions to adulthood is viewed as a more inclusive perspective – it is not only about receiving services, but about participating to the fullest extent possible in society. Partners indicated a need to understand what work is underway, what the best practices are, and how to align work across systems to enable effective transitions to adulthood. This need formed the basis for the Calgary and Area RCSD Youth Transitions to Adulthood Project. The scope of this work is significant as it involves both child and adult systems across RCSD partner sectors, young offender sector, homeless youth, not-for-profit initiatives, community inclusion strategies, etc.

The purpose of the Youth Transitions to Adulthood Project is to identify opportunities in and across multiple initiatives (programs/services) to improve system (i.e. cross-program/sector) effectiveness of processes aimed at assisting youth with transitions to adulthood, with special emphasis on inclusion and identification of opportunities for alignment across existing initiatives. Phase one of the project included a preliminary environmental scan of youth transitions to adulthood initiatives occurring in Calgary and Area. This initial scan was completed, with the involvement of the RCSD Transitions Working Group, by Dr. Carol Adair in January 2018. The information in the scan was gleaned from the knowledge of partners, exploration of websites, and personal contacts with some specific initiatives. This scan is an informal, internal document intended to inform the work of the Transitions Working Group and the RCSD’s Youth To Adulthood System Connector in the subsequent phases of the project, and is a work in progress.

GROUP ONE: TRANSITIONS RELATED TO SCHOOL, WORK/VOCATION

Program or Research Initiative/Organization(s)	Population of Interest Age Range/Exclusions	Key Contact & Contact Details	Transition From	Transition To	Initiative Details
Vecova: Youth Transition and Work Experience Supports Program (pilot project)	Youth with developmental disability (dd) in school in the Rocky view School division	info@vecova.ca	School with FSCD/Children’s Services	Work Volunteer Work	Vecova’s Youth Transition and Work Experience Supports Program will aid in closing the following gaps in partnership with Rocky View School Board

					<p>during the upcoming school year.</p> <ul style="list-style-type: none"> • quality youth transition supports focused on family and individual • individualized skill development and work experience introduction at age 15-18 • formal planning with Parent/Guardian for life during and after school
<p>Inclusion Alberta: Inclusive Education Inclusive Employment</p>	<p>Youth with DD</p>	<p>http://inclusionalberta.org/</p>	<p>Secondary</p>	<p>Employment, post secondary</p>	<p>During the year Inclusion Alberta offers workshops on inclusive education for school personnel and parents that are typically led by internationally acclaimed authorities on inclusive education. We provide consultation to schools and teachers and have a vast array of inclusive education resources for the regular classroom teacher.</p> <p>Rotary Employment Program: Rotary, Inclusion Alberta and the Government of Alberta are committed to working in partnership with the business and broader community to create meaningful employment opportunities for people with developmental disabilities - to</p>

					create the kind of possibilities that contribute to the fullness of community life.
Calgary Board of Education: Discovering Choices	Youth at risk for leaving school	Tel: (403) 268-3265 discoveringchoices@cbe.ab.ca	Secondary ed	HS completion	Outreach Programs are for students who find that regular High School programs and services do not meet their needs. Outreach also provides students with additional services such as personal and career counselling, conflict resolution, time management and study skills, parenting skills and learning strategies.
CANLEARN Society LD/ADHD	Adhd and learning disabilities	403-686-9300			Our team of psychologists, physicians, and literacy specialists help children, youth, and adults unlock their learning potential.
Foothills Academy	Students with learning disabilities	(403) 270-9400			Foothills Academy School is a Designated Special Education Private School for students in grades 3 to 12, all of whom have diagnosed Learning Disabilities. We work to ensure that all of our students reach their true potential and become the outstanding and successful young people whom they deserve to be.
Sinneave Foundation: The Ability Hub Prepare to Launch The Transition Program	Youth with ASD	403.210.5000 https://sinneavefoundation.org/	Secondary ed	Post-secondary or work but also other domains	Have developed a Guide intended for parents of adolescent children with Autism Spectrum Disorder (ASD) who wish to better understand the process of navigating the

					transition between the teenage years and young adulthood. They are also preparing their Launch Online transition planning portal. The Transition Program is more about services for adults including health care and supports service coordination.
<p>Teen Mental Health Inc. ACH * <i>Teenmentalhealth.org is not a service provider.</i></p>	Addressing the needs of youth (ages 12 to 25 years), families, educators, health providers, policy makers and others.	www.teenmentalhealth.org	Through Secondary ed, into post-secondary	adulthood	<p>Book – Transitions – Making the Most of Your Campus Experience Pathways through Care?</p> <p>Our vision is to help improve the mental health of youth by the effective translation and transfer of scientific knowledge. Our model is to use the best scientific evidence available to develop application-ready training programs, publications, tools and resources that can be applied across disciplines to enhance the understanding of adolescent mental health and mental disorders.</p>
Healthy Campus Alberta (HCA) MH for post-secondary	Young people transitioning to post secondary or currently in post secondary utilizing or needing mental health services	www.healthycampusalberta	High School	Post Secondary	Related to Valuing Mental Health Action Plan
Calgary Immigrant Educational Society (CIES) Empowering Youth Through Employment (EYE)	Between 15-30 years of age -not receiving EI	(403) 235-3666 (General Inquiries)	Unemployment, under-employment	Career Development Securing Employment	Group Based Employability Skills (GBES) – Provides essential skills to youth to help them find employment, evolve with their

<p>Funded by Service Canada</p>	<p>-Refugee, Permanent Resident or Low-income Canadian -Actively looking for employment and/or career enhancement -Committed to completing 3 months of group based employability skills and 3 months in the Work experience curriculum</p>			<p>job, and adapt to workplace change. Students spend 30 hours/week for 12 weeks in a classroom learning employment skills, while meeting with representatives from private and corporate employers who provide various presentations related to employment, hiring procedures, workplace culture etc. <i>Students will be paid minimum wage from the project during GBES period and will start the Work Experience (WE) component after finishing GBES.</i> Work Experience (WE) – In partnership with various private, public and corporate industries, students in WE spend 30 hours per week for 12 weeks developing employability and occupational skills through practical, on-the-job experience. Students will be placed in non-profit organizations, ethno-cultural organizations, private businesses and educational institutes. Work experience provides many benefits — it gives students the skills and experience that will allow them stand out to potential employers, as well as helping them choose a business sector where they can grow and succeed. <i>Students will be paid minimum wage from the project during WE period.</i> Career</p>
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					Counselling – Clients will be provided with at least one hour of resource information and support service in areas related to financial literacy, academic options, employment standards, and more.
<p>Calgary Catholic Immigration Society: Bridging Youth to Success Building Connections (Formerly Jumpstart to Success)</p>	<p>BYTS: Between 18 and 30 years of age (inclusive) -Have post-secondary degree -Canadian citizens, permanent residents, or individuals who have been granted refugee status in Canada under the Immigration and Refugee Protection Act -Legally entitled to work according to the relevant provincial legislation and regulations -Not in receipt of Employment Insurance (EI) benefits -English level - CLB 6.0 and higher -The program participants are young professionals, post-secondary graduates (permanent residents and citizens)</p>	403-290-5117	BYTS: Education	<p>BYTS: Career related work experience objective is to facilitate the transition of highly skilled newcomer youth professionals (18-30 years old) to a rapidly evolving labor market</p>	<p>BYTS: New program as of August 2016, funded by Service Canada. The program is free of charge and provides one-on-one employability skills coaching and career-related work experience placements to the program participants. It also provides an employer with a wage subsidy for successfully placed/hired candidate(s), for up to 22 weeks of their employment.</p> <ul style="list-style-type: none"> • Career focused program -employment readiness support, one-on-one coaching and planning, resume/interview preparation • Support clients in obtaining 22 week career related work experience with the hopes of permanent full time employment. Will connect with employers, invite them to events etc. • Are able to connect participants to a wide variety of professional and technical careers

	<p>Building Connections: -15-30 years, immigrant youth</p>		<p>Building Connections:</p>	<p>Building Connections:</p>	<p>(e.g Accounting, Finance, Communications etc.)</p> <ul style="list-style-type: none"> • If additional supports are necessary (i.e. settlement support) will refer to different programs, internally first then externally • Target of 12 participants are admitted per fiscal year. 12 in the first year, now in their second year have admitted 15. • Follow up support period of 3-6 months, engage with participants to • If individuals are registered in another program offered by the same funder, then they are not able to register in BYTS • Internal programs supporting youth transitions include: Mentorship for Integration, Youth Networking Programs <p>https://www.ccisab.ca/youth-teens/bridging-youth-to-success-program.html</p> <p>Building Connections: For some clients this service is used to connect them with their</p>
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	<p>-Permanent resident or Canadian Citizen only -Cannot have received EI within the last 5 years -English level not mandated but informally assess to ensure youth are approximately CLB 3 or higher -must demonstrate a need for support in employment</p>		<p>Landing/newcomer (anywhere from within 2 days of landing to 4 months is most common)</p>	<p>First Canadian work experience, survival employment</p>	<p>first job, first Canadian work experience, or survival job. A variety of clients are seen, some have just finished high school, others have experienced barriers attaining work experience. Three components to this program: -6 week life skills class (generally for clients that are very new to Canada and have had limited to no work experience; course focuses on time management, personal management, budgeting, Canadian culture and workplaces. Primary focus on settlement, small focus on employment) -Employability skills which includes 2 week workshop primarily focused on job searching, followed by 10 week work experience with the hope that it turns into full time permanent employment. Placements are generally within customer service and entry level positions, offered through employer partnerships with ccis -Work Experience; this component is geared toward clients that are fairly prepared and independent though require more one on one support focusing on resume and interview preparation. 12 week</p>
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					<p>work experience (same as employability skills component) This program is described as a stepping stone*</p> <ul style="list-style-type: none"> Funded by Service Canada, partnerships with employers; informal partnerships with other agencies primarily to offer informational services and workshops to clients If clients require additional supports such as housing, settlement etc. they are referred internally to one of the many services offered by CCIS
<p>Calgary Immigrant Women's Association: Career Focus for Immigrant Youth</p>	<p>immigrant youth between 15 and 30 years of age -who are permanent residents, convention refugees or citizens. -have at least a year of work experience, in their career area, from their own countries -Applicants cannot have received EI for at least 3 years prior to taking the program</p>	<p>403-263-4414</p>		<p>To career related employment</p>	<p>The program objective is to provide career-related support and work experience to immigrant youth between 15 and 30 years of age. The project will provide employment ready youth with work experience and individualized support that will help them transition into relevant and career related employment in Canada.</p> <p>Program Details</p> <ul style="list-style-type: none"> 2-3 weeks of pre-employment training

					<ul style="list-style-type: none"> • 22 weeks paid Canadian work experience toward a career objective • Weekly Advanced Employment Training workshops • Job search support <p>Additional program info:</p> <ul style="list-style-type: none"> • work experience is offered in collaboration with businesses and non-profit organizations • participants are reimbursed for childcare and transportation costs • participants enhance networking skills • individual career planning support available for all participants • follow-up support after program completion • referrals to other CIWA programs help participants access additional support services <p>Funded by Service Canada</p>
<p>GenA Prospect Human Services Champions Career Centre</p>	<p>GenA: Young Adults 18-30 years, eligible for work in Canada</p>	<p>Phone: 403.273.2822 info@prospectnow.ca</p>	<p>Education (secondary or post-secondary), underemployment (hours and/or skills), unemployed</p>	<p>Career related employment aligned with personal goals and</p>	<p>GenA: Funded by Labor Canada. -Client interface component, meet with career planner to</p>

<p>Application for Airdrie program</p>	<p>-ready, willing and able to work -offered to young adults with and without barriers</p>	<p>info@championscareercentre.org</p>		<p>interests; or to other educational options</p>	<p>provide labor market info, job search and preparation support. -Meet with an employment placement specialist to help customize resume to jobs based on skills, passions, ultimate goals -Focus on mentoring, coaching, essential skills, adjustment, preparation and readiness for specific employment settings -Prospect maintains close relationships with employers, team that liaises with employers and another career advisory team to support clients in their workplace settings -Rapid model of placement about 12 weeks but is customized to individual needs -60, 90,120 day follow up with clients -If individuals have barriers (physical, mental, visible, invisible, pan disability, diagnosed or not, or self-disclosed) and require accommodation or extra support, there is a job coach available that provides case management or support in the work place when necessary -If clients have higher impairments or require more specialized services, pdd eligible they are able to access the Works program which is an 18+ program, pan-disability, supports clients who are unable to find</p>
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					<p>employment, they also have accessible resource centre with technologies tailored to support various disabilities. Work to support clients to find employment that fits their needs, interests, social aspirations</p> <p>*Prospect also has the Rocky view Employment Centre that supports Airdrie and Cochrane, open to anyone 18+, offers similar services</p> <p>MESH is a collaborative partnership that Prospect is part of that serves 18+ MESH helps people overcome complex, interrelated barriers of mental health, employment, substance abuse, and housing. It is a partnership of five organizations serving those areas. These founding organizations (CMHA, Prospect, Fresh Start, Aventa, Horizon Housing) began collaborative work towards this initiative in 2012. For clients, these agencies will function as one, in conjunction with peer mentoring, to minimize admin and maximize benefit.</p>
Indigenous Youth Connections	Indigenous youth 18-25 -Unemployed	Riel Institute for Education and Learning 403- 248-0824	Student/ Education/unemployment	employment	Also, cultural programming, tutoring, daycare/transportation

	<ul style="list-style-type: none"> -Aboriginal ages 18-25 -In need of a life plan -Lacking skills to get a job 	program@rielinstitute.com			<ul style="list-style-type: none"> assistance, counseling, sharing circles, resource assistance -24 weeks paid training 11.20/hr. -Daycare and transportation costs -Skills needed to find and keep a job -Supported work experience -Certificate workshops -Ongoing Intake -Funding available to qualified applicants
<p>Calgary SCOPE Society: GATEWAYS TIPPS OUTREACH</p>	<p>Youth with DD Gateways: 0 to the day they turn 18 -confirmed diagnosis and eligible for FSCD</p>	http://www.calgaryscope.org/	Youth and families requiring parenting/behavioral/service support for youth with DD	<p>Transition families and youth to a state of stabilization where they are connected to long-term supports and are able to self-advocate or be powerful advocates for their children</p> <p><i>*Generally transition to adult services</i></p>	<p>Gateways: Gateways is a free service that supports families raising children ages 0 to 18 with developmental disabilities. We provide in home support to families that are facing barriers; such as ESL, mental health, multiple children with disabilities and/or low income. Our program connects families to resources and services in the community.</p> <p>To be eligible for Gateways the child needs to have a confirmed diagnosis.</p> <p>Referrals can be made by parents, professional or supporting community members</p> <p>Interview: designed for youth and families experiencing multiple barrier to access services; mainly navigation and</p>

	<p>TIPPS: 18 + years; must be connected to PDD</p> <p>Outreach: To be eligible for Outreach Services the child needs to have a</p>			<p>resourcing but very hands on in terms of support. Currently looking at what to do for those youth who may/may not be eligible for PDD and how to support this transition. Support and ability to support transition to adulthood is dependent on when the client/family enters. When possible they hope to get them connected to long term supports long before they turn 18.</p> <p>TIPPS: Purpose to help clients achieve stability in the environment that they're in. Focused on resourcing, connecting to long-term supports. Aim to be able to step out and leave the family supported and connected. Clients from Gateways can be referred into TIPPS. Adult Social knowledge workshops, also delivers this to other agencies at no cost. For people connected to PDD but extend participation to others who identify with having a disability but may not be connected to PDD</p> <p>Outreach: Outreach is a free program that supports families raising children ages 0 to 18 with developmental disabilities. We provide in home support to</p>
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	confirmed diagnosis, 0 to 18 with DD.				<p>children experiencing social, emotional and behavioral challenges. We work collaboratively with the family on specific goals and provide parenting and behavioral strategies. Our work is for one hour once a week in home.</p> <p>Funded by FSCD, PDD. Partners with FSCD, PDD, Child and Family Services, and CBE (for their Social Knowledge in Practice program). Informally partners with many agencies across various sectors due to their resourcing role to refer clients to services</p>
<p>Calgary Catholic School Division Kara Life St. Anne Academic Centre</p>	<p>Pregnant and parenting youth enrolled in CCSD -program accepts both males and females</p>	403-500-2102	Secondary Ed	High school Completion, Post-secondary ed or work	<p>The Kara Life program supports, guides, and educates pregnant and parenting female and male students and their families. It recognizes the dignity of motherhood/ fatherhood and the worth of the individual student. The Kara Life program encourages independence and self-sufficiency so students can continue their high school education while receiving the support of the Kara teacher/counsellor, the social worker, and the nurse. The Kara Life team works in collaboration to assist students in achieving</p>

				<p>positive health and education outcomes while also accessing other supports as needed such as medical care, prenatal care, career development, and financial assistance. The goals of the Kara Life Program are:</p> <ul style="list-style-type: none"> To help pregnant and parenting students remain in school during pregnancy and after the birth of their child To help pregnant and parenting students carry out positive health care practices for themselves and their child during the prenatal and postnatal stages To give pregnant and parenting students necessary information to make educated moral decisions regarding their future and that of their child To provide knowledge and skills related to child development and positive parenting skills To help enlighten students to the values of chastity and prevent teenage pregnancy <p>The Teacher/Counsellor in the Kara Life program works with the student to create and monitor the student's educational plan, explore career options and provide support for high school completion.</p>
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<p>Louise Dean School CBE AHS Catholic Family Services</p>	<p>Louise Dean School is a specialized Grade 9 – 12 education program for pregnant and parenting teens.</p>	<p>403-777-7630</p>	<p>Secondary ed</p>	<p>HS completion Post-secondary ed or Work</p>	<p>Louise Dean School has a formal partnership with Catholic Family Service and Alberta Health Services which guarantees that all students access ‘wrap-around’ supports. These supports include onsite subsidized childcare for infants, counselling, prenatal and parenting classes, financial assistance and career counselling. Moving into post-secondary programs is highly encouraged and supported.</p>
<p>Skills Connection Youth Employment Program Career Connection Facilitated by Bow Valley College Funded by Service Canada</p>	<p>Youth aged 15 – 30 with employment barriers</p>	<p>General: 403-410-3203</p>	<p>High School or Post-secondary ed</p>	<p>Employment</p>	<p>Skills Connection is a Skills Link project that assists job ready youth that are facing barriers to employment gain employability skills and a paid work experience to prepare participants for future work or career decisions, and/or assist them with seeking, obtaining and maintaining employment. Skills Connection has an in-class session before the work experience offering young people the opportunity to participate in workshops to learn or enhance skills transferable to the workplace, such as leadership, teamwork and communication skills. Now running Skills Connection Program in rural locations: Canmore and Cochrane (applicants must be residents of area)</p>

					<ul style="list-style-type: none"> • A 16-week gov't initiative for youth aged 15 - 30 • 5 weeks of in-class employment preparation and 11 weeks work experience • Helping youth overcome barriers to employment in order to develop a broad range of new skills to succeed in the labour market <p>Between the ages of 15 and 30 (inclusive) at the time of intake/selection</p> <p>Canadian citizens, permanent residents, or persons who have been granted refugee status in Canada</p> <p>legally entitled to work according to the relevant provincial/territorial legislation and regulations</p> <p>not in receipt of Employment Insurance (EI) benefits</p> <p>in need of assistance to overcome employment barriers</p> <p>not currently in school or working full-time</p>
<p>ReBrand</p> <p>*Serves Calgary, Edmonton, High River, Okotoks, Ponoka, Red Deer, Strathmore</p> <p>Does not currently offer services in Airdrie</p>	<p>- Ages 15-30 years old</p> <p>-Youth with barriers to employment (e.g. criminal record, anxiety, none/limited work experience)</p> <p>-Cannot be on EI</p> <p>-Out of school for 6 months and not</p>		Transition from education, unemployment, underemployment	Attach youth to the labor market and ensure sustainable attachment	<p>If you are, the Youth Links/National Work Experience (WE) is a program designed for youth like you. It provides you with the opportunity to gain 12 weeks of paid work experience to develop your job skills, while also receiving one-on-one job coaching throughout</p>

	<p>registered to go back for at least 6 months -Expected to attend all 21 weeks -must have level 5 English comprehension [reading and writing]</p>				<p>the program. Employers receive a wage subsidy for the term of the program based employment and you will receive the necessary job skills to be successful going forward in your working life.</p> <ul style="list-style-type: none"> • 12-week program offered at no cost • Paid work experience component • Resume Development • Interview Preparation • Assistance with job search and employment skills • Weekly job coaching session with job coach • Between the ages of 15 - 30 • Currently not attending school • Unemployed • A Canadian Citizen or Permanent Resident • Not receiving EI • Currently in need of assistance to overcome Employment Barriers • Willing and ready to commit to full-time employment or return to school at the end of 12 weeks <p>Rebrand</p> <ul style="list-style-type: none"> • 15 -30 years old, 9 weeks class based learning that focuses on employability, self-reflection, self-
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				<p>actualization, job readiness, job coaching, career exploration and skill building</p> <ul style="list-style-type: none"> • Then matched with an employer for a 12 week work experience. Match youth's goals and what they bring to the table with appropriate employer that is willing to participate in this program. The hope is that the work experience turns into full time permanent employment • Youth are paid an allowance of \$13.60 an hour to attend 9 weeks of class. Work experience placement may be paid fully by the employer or partially subsidized by McBride at a rate of approximately \$6.00 per hour. • Intake into the program is case by case and assessed and interviewed on an individual basis. Cohort intake every 21 weeks, admitting 12 individuals per cohort. • Referrals are generally made through community referrals e.g. BGCC, Catholic Family Services, City of Calgary. Expect that participants of program will also refer. •
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<p>Bridges to Success McBride Career Group</p>	<p>-Ages 18 to 63 years -Must be out of school for a full year and not registered to return for at least 6 months -Generally experiencing barriers to employment (education, addictions etc.) -Cannot be on AISH or medical EI -English language comprehension must be at level 5 + (reading and writing)</p>	<p>403-777-5627</p>	<p>Education, Unemployment, Underemployment</p>	<p>Employment</p>	<p>Bridges to Success has been one of McBride’s longest running programs to date which has been assisting unemployed Albertans for over 20 years. Bridges allows you to create an individualized program plan based on your circumstances and career goals, which includes a variety of different program modules to help you become more employable.</p> <p>Program outline</p> <ul style="list-style-type: none"> • Minimum 12-week participation at no cost to you • Up to 6-weeks of mandatory work experience component • Computer training which includes an introduction to Microsoft Word, Excel, PowerPoint, and Access • Assistance with targeting resumes and cover letters for specific jobs • One on One assistance with applying online and going out and talking to employers • Mock interviews • Job leads and job fair information provided on a regular basis • Opportunity to work in your chosen field to ensure that the career path you have chosen is the right fit for you
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					<p>You may be eligible to enroll if you:</p> <ul style="list-style-type: none"> • Are between the ages of 18 - 64 • Are looking for permanent, full-time employment or training upon completion of the program and for at least 6 months after your end date. • Can commit that you are ready, willing, and able to participate in full-time training for the duration of the program. • Are currently unemployed, or under-employed (working less than 19 h/pw). • Have English benchmark of 5-5-5. • Have not participated in similarly funded training in the previous 4 years. • Have not been in public school in the previous 12 months. • Are not already be enrolled in another training program.
<p>Transition to Employment McBride Career Group</p>	<p>-Ages 18 to 63 years -Must be out of school for a full year and not registered to return for at least 6 months</p>	<p>403-777-5627</p>	<p>From unemployment, underemployment, precarious employment</p>	<p>Sustainable employment</p>	<p>This is a service for job ready individuals who have been unable to find employment on their own. Transition to Employment Services clients will work one-on-one with a Job Coach to determine their job</p>

	<p>-Generally experiencing barriers to employment (education, addictions etc.) -Cannot be on AISH or medical EI -English language comprehension must be at level 5 + (reading and writing) -must be actively job searching</p>			<p>search needs. Transition to Employment Services modules include: Active Job Search, Basic Computer Training, and Job Search/Job Maintenance. Maximum length of service is 12 weeks.</p> <p>Job Search/ Job Maintenance: This module focuses on the skills needed to find and retain employment. Participants will learn about resume and cover letter writing, interview skills, thank you letters, etc. There is instruction on the hidden job market, and how and where to apply for jobs. Computer Training: This module covers basic computer literacy and Microsoft Office Skills. Microsoft Word, Excel, Power-Point, and Access</p> <p>Active Job Search: We provide ongoing support and assistance from our experienced job search team, while looking for employment.</p> <ul style="list-style-type: none"> • Assistance with targeting resumes and cover letters to specific jobs • One on One assistance with applying online and going out and talking to employers • Mock interviews
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					<ul style="list-style-type: none"> • Job leads and job fair information given on a daily basis <p>Maintenance Support: Specific Job Training/Short-term Courses as required 6 months of follow-up support after placement</p> <p>Eligibility: Must be looking for permanent, full-time employment and able to work for at least one full year from service start date. Open to looking at a variety of employment options. Participants cannot only be looking for employment in one specific industry. Participants must be between the ages of 18 - 64. Must be ready, willing, and able to begin working immediately. Currently unemployed, or underemployed (working less than 19 hours per week). Out of the work force for no more than 2 year. Clients cannot already be enrolled in another training program. Participants must have English benchmark of 5-5-5.</p>
<p>Youth Employment Centre City of Calgary Gov't of Alberta</p>	<p>Youth aged 15 – 24, diverse backgrounds; some special programs for Indigenous youth -Most clients experience barriers to employment:</p>	<p>403-268-2490 or visit our website</p>	<p>Secondary or post-secondary</p>	<p>Employment and Career Planning</p>	<p>YEC can come to your youth group or school to conduct workshops such as:</p> <ul style="list-style-type: none"> • Writing your resumé. • Preparing for interviews.

	<p>education, mental health, underemployment</p>				<ul style="list-style-type: none"> • Creating a portfolio, and more. YEC programs <p>Did you know the Youth Employment Centre offers programs for specific groups? Visit our website for announcements about:</p> <ul style="list-style-type: none"> • Project Protégé a mentorship program for designated post-secondary students. • Discovering Your Opportunities a summer program for teen moms. • Jump \$tart is for 15-16 year olds interested in developing employment skills. <p>Interview</p> <ul style="list-style-type: none"> • Project Protégé – partnerships with UofC, Mount Royal for students enrolled in social work programs. Get matched with mentor from the City of Calgary • Starbucks – support clients in getting ready for Starbucks hiring events, support with resume and interview preparation • Provide one-on-one employment
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					<p>preparation and support: resume, interview, job search, career planning, volunteer opportunities</p> <ul style="list-style-type: none">• Discovering Your Opportunities – partnership with Louise Dean. Is a summer program supporting pregnant youth and/or young mothers.• Though they support all youth, are not able to provide specialized services for language support (translators), or individuals with disabilities. Generally refer to other supports e.g. Champions Career Centre• Funders: Carthy Foundation, United Way, Government of Alberta, City of Calgary
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GROUP TWO: TRANSITIONS RELATED TO HOUSING, INCOME SUPPORT OR COMMUNITY INTEGRATION

Program or Research Initiative/Organization(s) [Lead in bold]	Population of Interest	Key Contact & Contact Details	Transition From	Transition To	Initiative Details
<p>McMan</p> <p>Youth Transitional Support Services Programs:</p> <ul style="list-style-type: none"> -Life Skills Program -Manhattan Place -Youth Alternative Program -Youth Transitions to Adulthood (YTA) <p>Portfolio: Family and Caregiver Supports Programs:</p> <ul style="list-style-type: none"> -High Fidelity Wrap Around <p>Portfolio: Supports for Youth and Families Affected by FASD Programs:</p> <ul style="list-style-type: none"> -FASD MAPS -FASD Housing Program -Youth and Adult Action Club <p>Portfolio: Youth Homelessness and Housing Supports Programs:</p>	<p>Youth between the ages of 15-22. Referrals may come from: community professionals, schools, self, probation officers, families</p>	<p>Tel: (403) 508-6259 Fax: (403) 508-7757 Calgary@mcman.ca</p>	<p>Youth</p>	<p>Later youth, emerging adulthood</p>	<p>-Life Skills Program: The Life Skills program provides youth with life skills and strategies to prepare them for adulthood.</p> <p>Approach Program youth are equipped with problem solving skills and coping techniques to assist them when they encounter adulthood-related issues. The program provides workshops related to:</p> <ul style="list-style-type: none"> • Communication/active listening • Problem solving/conflict resolution • Self-esteem • Parenting • Education/employment • Life/readiness skills coaching <p>Courses</p> <ul style="list-style-type: none"> • Skills for Life <p>This 60-hour course offers practical strategies that address family, education, employment,</p>

<p>-Hope Homes/Hope Homes for Aboriginal Youth -Hope Homes Rapid Rehousing Program McMan Youth and Family Services Association</p>	<p>Restart Youth, between the ages of 12-21, who demonstrate high-risk behaviour and have been in conflict with the law. Referrals may come from: Teachers, coaches, police officers, community professionals, referrals workshop specific</p>				<p>community and leisure.</p> <ul style="list-style-type: none"> • Skills for Anger This 12-hour course offers practical strategies that address conflict resolution and focuses on communication skills. • Career Track This 20-hour course offers practical strategies that address employment and educational goals. <p>Restart RESTART is a crime prevention program for youth at risk of, or who have been in, conflict with the law. These programs identify root causes of negative behaviour and utilize community-based alternatives for program participants. Access to resources and expertise is provided in the following areas:</p> <ul style="list-style-type: none"> • Communication strategies • Leadership and life skills • Recreational opportunities • Socialization methods • Conflict resolution • Advocacy • Mediation • In-home family support
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	<p>Manhattan Place Children and youth, between the ages of 10-17, who are unable to live with their natural families and/or in their natural homes. Referral comes from Child and Family Services Authority</p> <p>YAP Youth, between the ages of 12 - 24, who have exhausted all other resources available to them. Referrals may come from: community professionals, self, families</p>				<p>Manhattan Place Manhattan Place is a community-based home for children and youth who are unable to live with their natural families and/or in their natural homes. The program provides a safe, stable and healthy living environment for its residents At Manhattan Place, children/youth have the opportunity to obtain the support and attention they require. Individuals are provided with resources and expertise to:</p> <ul style="list-style-type: none"> • Obtain positive life skills • Strengthen family relationships • Enhance communication skills • Address issues and obstacles in their lives • Establish and develop positive relationships <p>Youth Alternative Program (YAP) Youth Alternative Program (YAP) YAP assists multi-risk youth who require support and advocacy to live successfully within their community. Approach</p>
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	<p>YTA Placement options: Community Placement: Youth, between the ages of 15-22, who are able to live independently or may require a supported placement. Referral comes from: Child and Family Services Authority McMan Trinity Place: Pregnant and/or parenting youth, between the ages of 15-22, who require supported housing. Referral comes from: Child and Family Services Authority McMan Triwood Low Income Apartments Youth, between the ages of 18-22, who require affordable housing. Referrals may come from: community professionals, school, self, probation officers, families, Child and Family Services Authority</p>				<p>Serving an average of 50 youth and families per year, YAP provides support services to:</p> <ul style="list-style-type: none"> • Increase life skills • Decrease at-risk behaviours • Increase natural supports • Increase self-esteem <p>Youth Transitions to Adulthood (YTA) The YTA program assists youth who require support in order to live independently, yet are unable to stay with their natural families In the program, youth may reside independently in the community or in a shared accommodation with a skilled mentor. Individual and/or group support is provided in order to ensure the successful transition of program youth into adulthood. The program provides access to resources related to:</p> <ul style="list-style-type: none"> • Safe/affordable housing • Education/employment • Money management • Life/living skills • Community resourcing • Leisure:
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	<p>High Fidelity Wrap Around Program Intake Children, youth and families who require support in their natural homes and communities. Referral comes from Child and Family Services</p>				<p>High Fidelity Wrap Around In partnership with Hull Services, Enviro and Calgary Child and Family Services, this program ensures that children and youth grow up in their natural homes and communities. The model emphasizes voice and choice. It enables family/children/youth to identify a team of people they consider to be helpers in their lives. The team then supports these individuals to achieve their goals. For more information about High Fidelity Wraparound, visit: High Fidelity Wraparound</p> <p>Supports for Youth and Families Affected by FASD Programs: FASD MAPS Program Intake Youth, between the ages of 13 - 21, who have FASD. Referrals may come from: Community, families, Self</p>
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	<p>-</p> <p>Youth Homelessness and Housing Supports Programs: -Hope Homes/Hope Homes for Aboriginal Youth Supports youth, between the ages of 15 - 24, who are experiencing homelessness. The Hope Homes program participates in the Coordinated Access and Assessment system in Calgary. Prior to intake, youth must complete an</p>		<p>-</p>		<p>or caregivers. FASD MAPS is a partnership program with Renfrew Educational Services, Hull Services and Woods Homes.</p> <p>Approach The FASD MAPS program provides individuals with access to suitable resources that address their needs. Support in a variety of areas includes:</p> <ul style="list-style-type: none"> • Education and employment • Probation and/or justice system navigation • Behaviour management strategies • Daily living skills • Family support <p>Youth Homelessness and Housing Supports McMan Calgary & Area provides supported accommodation and support services to youth who are currently, or are at risk of, experiencing homelessness.</p> <p>Programs: -Hope Homes/Hope Homes for Aboriginal Youth Approach</p>
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	<p>assessment through Safe Communities Opportunity and Resource Center (SORCe) Referrals may come from: community professionals, school, self, probation officers, families</p> <p>-Hope Homes Rapid Rehousing Program Supports youth, between the ages of 15 - 24, who are experiencing homelessness for the first time, or have been homeless less than three months. Referrals may come from: community professionals, school, self, probation officers, families</p>				<p>Services offered include community-based support in the areas of:</p> <ul style="list-style-type: none"> • Housing • Education and employment • Life/living skills • Counseling • Connection with community, family and natural supports • Cultural resources and services <p>-Hope Homes Rapid Rehousing Program This rapid intervention program works with youth to reconnect with family, natural supports and/or return home. This is a short-term, three to six month program.</p>
<p>Enviros: Youth Transitions to Adulthood</p> <p>Funded by Calgary & Area CFSA</p>	<p>Ages: 15.5 to 22 years with longer-term involvement with C&Y Service System</p>	<p>403-219-3499</p>	<p>Need for supports</p>	<p>Community independence incl. work, education, relationships</p>	<p>The Youth Transitions To Adulthood (YTA) program acts as a transitional, life skill development program for youth who have had long-term involvement with the Children and Youth Services system and</p>

<p>High Fidelity Wraparound</p>		<p>403-219-3499</p>			<p>for those with exceptional circumstances requiring intervention. This program helps youth make the most of the resources available within the community and themselves, and teaches them skills for successful transition into adulthood. Enviro assists with transitions of non-complex and complex youth who have the potential for independence and success in areas such as education, employment and life-long significant relationships.</p> <p>In partnership with Hull Services, Enviro and Calgary Child and Family Services, this program ensures that children and youth grow up in their natural homes and communities. The model emphasizes voice and choice. It enables family/children/youth to identify a team of people they consider to be helpers in their lives. The team then supports these individuals to achieve their goals.</p>
<p>FASD Intervention Services</p>	<p>Caregivers of children under 18 with a FASD diagnosis</p>	<p>403.295.2944</p>			<p>Supports caregivers and other supports in understanding the individualized needs of the child as relates to their FASD</p>

FASD Evolution	Individuals 18 and over with a diagnosis of FASD	403.295.2944			diagnosis. Able to support transition planning. Supports individuals in connecting to needed resources as well as develop strategies. Also provides individualized FASD information for natural and professional supports in effort to create consistency and understanding.
Calgary Alternative Support Services	Youth with DD and youth with FASD	403-283-0611 https://www.c-a-s-s.org/programs	Need for Housing	Housing but also training, work and money management, community involvement	CAPA program: CAPA provides case management, referral, and advocacy support to young adults with complex needs.
Children's Link	Caregivers of Youth with special needs	403-230-9158	Need for supports	Support in adulthood – centrally income but also health supports incl. Home Care, school, recreational/socialization, transportation, housing, continuing ed/vocational, even banking and ID	Staffed by parents that have been there, The Children's Link Society is Calgary's first and only special needs connection. Whether newly diagnosed or struggling through critical life events, our service connects parents with the services they need, when they need it.
Kerby Centre: Personal Directives Program	Individuals who need information and support on co-decision making, guardianship and advance directives.	(403) 705-3246	Need for supports	Supports in adulthood	Information to individuals or groups. One-on-one assistance with guardianship applications and reviews. A self-help kit is used. One-on-one assistance for co-decision makers and supported decision makers. Assistance with the completion and registration of personal directives. Promotion of the use of personal directives and enduring power of attorneys.

<p>Pathways Community Services Association Mentorship Homes</p>	<p>Indigenous youth involved with Children’s Services</p>	<p>403 247-5003</p>	<p>Dependent Living</p>	<p>Independent Living/Housing</p>	<p>Mentor Homes is a program that offers Indigenous youth a family to live with until they are able to return home or live on their own. Youth finish school and learn important life-skills. These arrangements are intended to be long-term, natural family relationships.</p>
<p>YARD Calgary Police Services City of Calgary AHS Calgary Neighborhoods</p>	<p>Youth at risk ages 10-17, gang-involved or at risk of engaging in gang-related activity. To participate, youth did not need to be involved in the criminal justice system or have committed a criminal offence.</p>	<p>403-428-8409</p>	<p>Gang involvement or risk of, or peer affiliation</p>	<p>Gang-free life style</p>	<p>The Youth at Risk Development Program (YARD) is a community-based early intervention initiative, delivered in partnership with the Calgary Police Service, Calgary Neighbourhoods, and Alberta Health Services, that supports youth who are at risk of gang involvement. Youth at risk, affiliated with a gang or involved in gang activity. Youth participation in YARD is voluntary. YARD teams, consisting of a police officer and a registered social worker, work closely with youth, their families, schools and community agencies. YARD works to develop an individualized case plan that is family centered to help youth at risk avoid or escape the gang life style.</p> <p>Eligibility is determined by a combination of referrals, staff professional judgment, and the Youth Primary Identification Screening Tool, which placed</p>

					youth into low, average, and high categories of risk. Funded by Calgary Police Foundation
<p>John Howard Society: Roofs for Youth Aboriginal Youth Outreach Raido House</p>	<p>Roofs for Youth: Justice involved youth and justice involved indigenous youth Homeless youth involved with Corrections Absolute homelessness or at risk of homelessness -15 - 24 years of age at intake -Any youth involved with Corrections (incarcerated, on probation, community service etc.) -Absolute homelessness or at risk of homelessness -Without the support of family and/or child intervention services --Youth will reside in Calgary post-discharge from CYOC -Participation is voluntary (not mandated) -Referral is through CAA; SPDAT required</p>	<p>(403) 266-4566</p>	<p>Roofs for Youth: Need for housing</p>	<p>Roofs for Youth: Housing plus school/work, rec, volunteer</p>	<p>Roofs for Youth: The Calgary John Howard Society, through partnership with Wood's Homes and a collaborative relationship with Calgary Young Offenders Centre (CYOC) will provide a continuum of services including:</p> <ul style="list-style-type: none"> • Assessment, case management, and transition planning services • Access to safe housing services • Access to education placement through referral to the Youth Attendance Centre and other community based educational systems • Referral to medical/psychological assessment and treatment (as required); access to a clinician • Crisis support • Family re-engagement • Follow up support in the community. • Youth achieve their goals through a strong

					<p>one-on-one relationship with staff</p> <ul style="list-style-type: none">• Youth work with staff to identify goals, set realistic activities, monitor progress, and conduct follow-ups• Youth facing severe difficulties are supported to stabilize and receive services in safe and supportive housing environments, preparing to move towards independence• Youth increase their capacity in financial literacy skills• Youth will become increasingly engaged in their community• Youth are diverted from living on the street and possibly becoming dependent on adult shelters and welfare systems• Opportunity to be informed about the criminal justice system, including what is happening and why• Youth will be connected to organizations that will help them to gain skills
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	<p>Aboriginal Youth Outreach Project: multi-barriered youth aged 12 to 24 who may have been involved with, or are at-risk of involvement with the criminal justice system.</p>		<p>Aboriginal Youth Outreach Project: Likely but not exclusively youth in unstable/unsafe housing, at risk of homelessness or in shelter, incarceration</p>	<p>Aboriginal Youth Outreach Project: -safe housing -reuniting with family [variable]</p>	<p>necessary for employment</p> <ul style="list-style-type: none"> • Opportunities to be connected with employment possibilities through the Youth Culinary Arts Program, Youth Employment Centre and other organizations and companies throughout the community <p>Aboriginal Youth Outreach Project: Aboriginal youth who participate in AYOP are likely in unstable or unsafe housing and are at risk of becoming homeless or in a shelter situation. Our Aboriginal Youth Outreach Worker offers one-to-one support, family mediation, crisis resolution, counselling, goal setting, assistance with securing affordable and safe housing, advocating on behalf of the youth for funding with bands, assistance finding and maintaining employment and/or further education.</p> <p>AYOP also supports Aboriginal youth who reside at CJHS's two youth residences, Raido House and Windsor Park, as well as youth within other agency</p>
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	<p>Raido House: ages of 14-17 who are at risk of or, currently experiencing homelessness, male and female, do not have child intervention status, may or may not be involved in the youth criminal justice system.</p>		<p>Raido House: risk of or experiencing homelessness</p>	<p>Raido House: housing, stabilization, community based supports</p>	<p>programs who may be living in the community, or might be experiencing homelessness or incarceration. AYOP supports Aboriginal youth to prevent their involvement in crime; to promote a positive lifestyle; and to re-unite them with their Aboriginal culture and families.</p> <p>Raido House: Raido House is a transitional residence for youth between the ages of 14-17 who are at risk of or, currently experiencing homelessness. Raido House is an eight-bedroom residence designed to support homeless youth who do not have child intervention status</p> <p>Raido House is staffed by youth workers 24/7 who provide intensive Case Management to clients which include but are not limited to: goal planning, relationship development, skill development, advocacy, vocational support, stabilization and outreach. Staff also encourage and assist residents to access community and health services. This is a voluntary program.</p>
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					Referral through CAA, 211, or SORCE
Woods Homes: CATS	High risk adolescents, youth at risk of homelessness, self-harm, sexual exploitation, and/or various vulnerabilities -Ages 12 to 23	https://www.woodshomes.ca/our-services/homeless-and-atrisk-youth/	Crisis, homelessness, at risk	Addressing medical and health needs	Calgary Adolescent Treatment Services (C.A.T.S) is where young people can get the help they need. The clinic provides free and confidential on-site medical support to high-risk adolescents. For many, it's the first time they've seen a doctor in years. Dr. April Elliott and Dr. Ellie Vyver are pediatricians and adolescent specialists that are available to young people (ages 12-23) two days a week, on a walk-in or appointment basis. *emphasis on non-judgmental services and medical support, and wrap-around services. Assess on individual case by case basis to deliver supports and service according to unique need.
Woods Homes: Exit Community Outreach REACH	Exit Community Outreach: High risk adolescents, youth at risk of homelessness, self-harm, sexual exploitation, and/or various vulnerabilities -Ages 12 to 24		Crisis, experiencing or at risk of homelessness, self-harm, sexual exploitation	Providing support and services to youth who are currently homeless or at risk	EXIT Community Outreach is a downtown storefront, outreach and mobile van service that assists young people (typically ages 12-24) who have run away; or who are at risk of self-harm; or who are involved with sexual exploitation. The young people may also be in conflict with community, family, or the legal system. EXIT serves any young person who is in need of, or

	<p>REACH: High risk adolescents, youth at risk of homelessness, self-harm, sexual exploitation, and/or various vulnerabilities -Ages 15 to 24</p> <p>*Generally no exclusionary criteria to service access beyond age</p>				<p>wants, support and assistance while on the street.</p> <p>EXIT is committed to supporting self-sufficiency by coordinating resources to assist and support young people who live on Calgary’s streets. Through counselling and service referral, EXIT promotes the health of young people while they live on the streets and provides assistance when they choose to leave the streets.</p> <p>*described as a downtown warming centre a place for youth to feel safe, shower/clean, stay warm. This location will be moving from downtown to Inglewood, intends to be a one-stop shop, clinic will be moving there as well.</p> <p>REACH</p> <p>EXIT Community Outreach started a new program called Reach on April 1, 2015. This program provides clinical and mental health supports to clients (15-24) through agencies funded by Calgary Housing. The program was created following a demand for clinical services for clients in the Housing First</p>
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					<p>programs via the Calgary Homeless Foundation.</p> <p>REACH consists of two clinicians who provide no-cost, walk-in counselling services at EXIT Community Outreach (117 7 Ave. S.W. Calgary) every Friday morning from 9 a.m. to 3 p.m.</p> <p>The clinicians also run a monthly group for the clients in our New Horizon program. This group covers a variety of topics including well-being, addictions, healthy relationships, positive choices and building self-confidence.</p> <p>Referrals to REACH can be made through the Co-ordinated Access and Assessment (CAA). There is a focus on supporting LGBTQ2S+ youth, as it is recognized that many of these youth are accessing street services. The organization is currently looking into offering programming and supports specific to LGBTQ2S+ youth</p>
<p>Integrated Transition Planning for Youth with Disabilities Medical Complexities Working Group Alberta Children’s Services FCSD/PDD</p>	<p>Youth with complex medical conditions</p>		<p>Multiple child services</p>	<p>Multiple adult services</p>	<p>Working group</p>

<p>Youth Inclusive Program Immigrant Services Calgary</p>	<p>Immigrant/refugee youth</p>	<p>403-538-8336</p>	<p>Landing</p>	<p>Community integration</p>	<ul style="list-style-type: none"> • Primary focus on newcomer settlement and integration into Canadian society. Transition to adulthood not primary purpose but is indirectly served by settlement and integration focus. • Eligibility: 12 to 20 years old, immigrant or refugee status. Must have a PR card or proof of newcomer status to take part in this program. • Offers ~8 events per month where youth can register in (have limited capacity) events/workshops that offer skills/tools or volunteer opportunities • Mentorship component involves pairing mentors (must be between ages of 12 and 24 and have been in Canada for 4+ years) and mentees (recent newcomers). Once matched the program encourages pairs to communicate between events or attend ISC events together. • Volunteering component connects
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					<p>youth with volunteer opportunities within the community [ISC has partnered with Making Changes, Inn from the Cold, Drop-in Centre, Food Bank and BGCC to create volunteer opportunities]</p> <ul style="list-style-type: none"> • Support youth in overcoming barriers to education and employment when needed by offering study tools, resume help.
<p>Mentorship Program RBC Youth Empowerment Bridge Foundation</p>		403-230-7745	Landing	Community integration	<p>Afterschool program improving sense of belonging and understanding of Canadian culture. In-school settlement/tutoring Our programs focus on building knowledge of Canada and Calgary’s culture; active participation and integration within the local community; improved English language skills; development of personal, social and leadership skills; and successful graduation from school.</p> <p>Our staff is culturally sensitive to the needs of individuals from varying cultures and communities. We tailor our support to youth and their</p>

	<p>RBC Youth Empowerment: High school Immigrant youth, English learners</p>		<p>RBC Youth Empowerment: secondary education</p>	<p>RBC Youth Empowerment: post-secondary education/ Canadian society/personal development</p>	<p>families based on their background, experience, and level of need. Every interaction is meant to ease the journey to Canadian life for newcomers and immigrants.</p> <p>RBC Youth Empowerment: The RBC Youth Empowerment Program uses a holistic approach to help high school immigrant and English learners to overcome challenges in the classroom. We offer free academic tutoring in math, sciences, literacy, and writing. Youth are also exposed to post-secondary education through tours of universities and colleges.</p> <p>This program runs after school from Monday to Friday, and sessions are 2 hours long.</p> <p>Through this program, we seek to help students:</p> <ul style="list-style-type: none"> • Increase their grades • Practice English language skills • Improve reading and writing skills • Develop leadership skills
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	<p>Mentorship Program: immigrant youth (grades 10 – 12) as well as orientation support for junior high students</p>		<p>Mentorship Program: Landing/Newcomer</p>	<p>Mentorship Program: Secondary education (mainly high school), Canadian society, communities and school systems</p>	<ul style="list-style-type: none"> • Explore Canadian culture • Tour post-secondary campuses • Win scholarships • Build friendships <p>The RBC Youth Empowerment Program offers a safe space for immigrant youth to achieve academic goals, make new friends, and build a sense of belonging.</p> <p>Mentorship Program: The Mentorship Program introduces immigrant youth (grades 10 – 12) to Calgary, Canada and pairs them with mentors who are successfully integrated. Offering a wealth of resources and services, the goal of this program is to help newcomers achieve their personal, social, and academic goals, as well as better understand the Canadian school systems and communities. Our mentors provide a support system by offering school tours, translation, and friendship.</p> <p>We offer after-school programs during the school year (at select</p>
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				<p>school locations) where newcomer youth can:</p> <ul style="list-style-type: none"> • Participate in fun group activities and field trips • Make new friends • Develop life skills • Practice speaking English in a safe and respectful environment • Build teamwork skills • Enhance leadership abilities and confidence • Learn about Canada and Calgary • Meet inspiring community speakers and leaders <p>The program consists of three main components, along with two unique summer orientation programs to prepare newcomer youth for the upcoming school year. These are:</p> <p>Information and Orientation: help newcomer youth entering grades 7-12 understand Canadian school systems and communities</p> <p>Needs Assessment and Referrals: Connect youth with resources and services to</p>
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					<p>achieve personal, academic and social goals</p> <p>Long-term mentorship: matched with peer mentors when they begin school who were once newcomers themselves support with school tours, translation and friendship</p> <p>N.O.W. Newcomer orientation and welcome for high school youth</p> <p>W.I.N Welcome Information for newcomers for junior high youth</p>
<p>Centre for Newcomers Real Me</p>	<p>12 to 24 years of age, at least 1 parent is an immigrant (therefore open to newcomers and first generation Canadians with immigrant parents), assessed to be medium-high risk based on YLS measure</p>	<p>http://centrefornewcomers.ca/our-services/children-and-youth-programs/youth-program-real-me</p>	<p>More focused on transitions between systems in a variety of ways. Eg. Justice → Education Immigration → Child and Family Services</p>	<p>Real Me works with immigrant youth currently involved in gang-related activities, or at risk of becoming involved in those activities. Program staff help youth participants to reach their highest future potential, regardless of their past. Either first-generation immigrants (those born outside of Canada) or first generation Canadians (those with at least one parent born outside of Canada) regardless of immigration status;</p> <p>Youth currently involved in gangs, or at high risk of gang involvement; Youth voluntarily</p>	

					willing to participate in the program.
<p>Youth Transitions to Adulthood Youth Housing Home Fire Infinity Project Aura Pursuit Haven's Way Tony's House Boys & Girls Clubs</p>	<p>YTA: Youth exiting care Homefire: Indigenous youth experiencing homelessness 16-24 years old [Aging out at 25] Infinity Project: Youth experiencing homelessness 16-24 years old [Age out at 25] Aura: LGBTQ2S+ youth 14-24 years Pursuit: Youth 16-24 in any BGCC housing program with employment as a goal Haven's Way: female youth 14-24 years experiencing homelessness with education as a goal</p>	<p>https://www.boysandgirlsclubsofcalgary.ca/programs/youth-housing-and-shelters/youth-housing/</p>	<p>YTA: Transition out of Care Home Fire/Infinity/Aura: Out of homelessness Pursuit: Housing program/homelessness or at risk of homelessness Haven's Way: Out of homelessness Tony's House: Out of homelessness</p>	<p>YTA: Supportive Housing Environment Home Fire/Infinity/Aura: Into stable/permanent housing Pursuit: meaningful and sustainable employment Haven's Way: Into housing/group living Tony's House: Into housing/supportive living</p>	<p>YTA: To successfully transition youth out of care (Children and Family Services status), who are attending or planning to attend school into supportive housing environment and work toward adult self-sufficiency Home Fire: Housing first program, utilizes scattered site model. To successfully transition youth experiencing homelessness into stable housing. Utilizing culturally sensitive and trauma informed lens, supports reconnection to culture, family and community and working toward holistic healing.</p>

	<p>Tony's House: youth 16-24 years experiencing homelessness with education as goal</p> <p>*Youth triaged into Infinity/Home Fire generally high acuity youth; youth may have struggle with addictions, physical or mental health concerns and/or behavioural challenges.</p> <p>*All youth required to have completed CAA assessment; are generally triaged through CAA table, with the exception of some LGBTQ2S+ youth who may be referred or identified by community partners</p> <p>*YTA, Infinity, Homefire, and Aura are funded by Calgary Homeless Foundation. Notes that the programs can be fluid in order to determine best fit for youth's needs.</p>				<p>Infinity Project: Housing first program, utilizes scattered site model. To successfully transition youth experiencing homelessness into stable housing.</p> <p>Aura: Transitioning from homelessness into stable/permanent housing, host homes</p> <p>Pursuit: Supporting young people out of homelessness into adulthood, providing intentional support to youth in housing programs who have employment as a self-defined goal. This program provides job readiness support, liaising between employer and youth, identifying skills and goals for long term career aspirations. Partners with Home Depot (funder) and HireUp (national partner). Hireup is tasked with creating job portal and working with employers to create opportunities to employ youth.</p> <p>Haven's Way: Privately funded, operates using the foyer model. There is a strong emphasis on education. Group living in a duplex with a house parent model that provides support in daily living, provides mentorship and role models healthy living. Has a required savings program whereby 25% of the rent paid by youth is saved to give back to</p>
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					<p>them when they leave the program and enter into independent housing.</p> <p>Tony's House: New program, operates similarly to Haven's Way, transitioning youth from homelessness into supported living using a supportive roommate model. Similar emphasis on educational attainment.</p>
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GROUP THREE: TRANSITIONS RELATED TO HEALTH SERVICES

Note – Key Resource for this section: CAPHC Community of Practice: A Guideline for Transition from Paediatric to Adult Care for Youth with Special Health Care Needs: A National Approach.
Provincial Partnerships: MNCY SCN – part of a provincial transition working group

Program or Research Initiative/Organization(s) [Lead in bold]	Population of Interest	Key Contact & Contact Details	Transition From	Transition To	Initiative Details
CMHA Calgary Region	Youth with MHA	www.cmha.calgary.ab.ca	Youth MH community services	Adult MH community services	Have been working in schools providing education (Youth Smart). Peer Run Welcome Centre. Recovery and discovery courses on wellness and mental health
RCT of Navigator Resource	Fairly broad	Dr. Susan Samuel, Dr. Andrew Mackie and Dr. Gina Dimitropoulos (PIs) Email through Gina	Child health services	Adult health services	300 kids ACH/300 Stollery 3 year trial – intervention is a navigator – just hiring – compared to 150 usual service – Maternal N YC SCN

Calgary and Area RCSD Youth Transitions to Adulthood Project: Environmental Scan Draft
January 9, 2018

<p>Well on Your Way Teens Talk Transitions ACH Operational Funding</p>	<p>Across all clinic areas incl. diabetes, rheumatology, asthma, cardiology, CF, endocrine, GI, hematology, metabolic, nephrology</p>		<p>Child health services</p>	<p>Adult health services</p>	<p>Represents usual care for the trial above; works with all clinics – the ones listed here have youth that are usually not complex – the ones below are more complex so some youth may be in the project - they were involved in developing the national guidelines.</p>
<p>Neuroscience Rehab Transitions ACH ACHF-funded</p>	<p>Youth who will not qualify for PDD funding as adults from Neuromotor, Neuromuscular, Myelomeningocele, and Brain Injury Clinics</p>		<p>Child health services</p>	<p>Adult health services</p>	<p>Transition Clinic that focuses on independent life skills, medical management & self-advocacy. Offer week long summer “independence” camps</p>
<p>All C&A MHA in zone</p>	<p>Youth with MHA</p>		<p>Child health services</p>	<p>Adult health services</p>	<p>Extensive connections with schools, literacy programs, connections to police programs. Programs include COPE – community outreach in Pediatrics an Psychiatry – leading practice – often school referrals – kids who would not ordinarily be in the system – may add CMHA peer support? Transitions piece includes a new positions from psych emerg back to community – encourages info sharing. School boards also provide funding – this is family liaison as well. Also oversees school-base MH, post-discharge supports filled with emerging adults. – other programs are MAST ages 5-12 with CPS and City of Calgary and YARD – older group 10-17 gang involved or at risk. Also consult to CPS. Plus</p>

Calgary and Area RCSD Youth Transitions to Adulthood Project: Environmental Scan Draft
January 9, 2018

					SMILES program- Stan K teacher literacy training.
Neurodevelopmental Clinic ACH	Epilepsy, Autism, ADHD & MH, neuro & dev issues but all ages		Child health services	Adult health services	Piloting care coordination model – from CH Boston – tiered approach, looked at TO & Van strategies.
Pediatric Home Care ACH	Youth with complex medical conditions but all ages		Hospital	Home	
Children with Medical Complexity Collaborative Initiative Children’s Services Comm and Social Services Education partners	Youth with chronic medical conditions e.g. complex airway support and/or bed bound but all ages		Hospital	Out of hospital	Modelled on programs in BC and Toronto Sick Kids – A good definition model
Complex Needs Review Process RCSD	Youth with multiple needs but all ages		Current needs	Current needs	High level review process for children and youth where all systems are insufficient – one integrated plan is developed for each child. Requires involvement of 2 or more RCSD partner systems.
Emerging Adulthood Clinic	Youth with MH challenges who are therapy ready	Richmond Road Diagnostic Treatment Centre	Child mental health services	Adult mental health services	Emerging Adulthood Clinic sees youth and young adults 16-24 and is therapy focused.
Enhancing systems collaboration for high-risk youth with mental health disorders and addictions U of Calgary	Youth with MHA	Gina Dimitropoulos and multiple colleagues	Child services	Adult health services	3 year research project funded by AMH SCN , BMO, CIHR
Helping Kids & Youth in Times of Emotional Crisis AHS AMH & ER SCNS	Youth presenting to ER in emotional crisis related to substance use or MH issue aged 15-24 and families of children ages 7 to 24	MH	ER	Follow-up services?	Youth and family/caregiver surveys in progress; youth involved in developing questionnaire

<p>Arnika Centre AHS AMH</p>	<p>Dual Diagnosis PDD eligible</p>				<p>Provides psychiatric assessment and consultation to adults and teenagers age 16 year of age and older with an intellectual disability and a mental health and / or behavioral problem.</p> <p>Arnika Centre offers psychiatric assessment and stabilization via medication for individuals 16 years or older who have an IQ 70 or below prior to the age of 18, have mental health concerns and/or significant behavioral problems, and have a family doctor who is supportive of the referral.</p>
<p>Bridging the Gap Hull</p>	<p>Bridging the Gap provides services to young adults between 16-24 years who are experiencing mental health concerns, issues with well-being, and barriers to service.</p>	<p>Intake line - 403-216-0660</p>	<p>Youth</p>	<p>Emerging adulthood</p>	<p>We work together with the individual and their supports to help them access services, learn new skills and strengthen their support network</p>
<p>Calgary Counselling Centre Youth Mental Health Program</p>	<p>3 – 29 addressing the needs of youth (ages 12 to 25 years), families, educators, health providers, policy makers and others</p>	<p>www.calgarycounselling.com (403) 691-5991</p>	<p>Jr High High School High School Post Secondary Youth</p>	<p>High School Post Secondary: University, College, Skills/Trades training Employment Employment Adulthood</p>	<p>Counselling: Individual counselling for youth, counselling for youth and their families for the broad range of social, psychological and mental health problems with a special focus on depression, anxiety, parent child conflict, divorce and separation to name a few.</p>

Integrated Transition Planning for Youth with Disabilities

Human Services programs – including Family Support for Children with Disabilities (FSCD), Persons with Developmental Disabilities (PDD), Assured Income for the Severely Handicapped (AISH), Office of the Public Guardian and Trustee (OPGT), and Alberta Works – are committed to assisting youth and their families with planning for the future, supporting youth in reaching their full potential, and coordinating access to programs and services they may need.

All youth age 16 and 17 who are accessing the FSCD program are supported by a transition planning team consisting of Human Services program staff and community partners.

The team works with the youth and their family to create a Transition to Adulthood Plan. This plan helps the youth identify and achieve their goals and vision for the future.

Transition planning meetings are held with the youth and team members to develop, review, and monitor the youth's plan.

Working together in an integrated way sets a strong foundation for youth to experience a smooth transition to adulthood and to achieve their goals.

[Learn more about how having a vision for the future can help with the transition to adulthood.](#)

For more information on programs or services offered by the Government of Alberta, visit www.albertasupports.ca.

[Transition Planning Brochure](#)

[Information for Albertans with Disabilities](#)